



Jean-Pierre Barral D.O. (UK)

visceral manipulation - neuroendocrine effects: COLON, HEART AND KIDNEYS RELATIONSHIP WITH THE VAGUS NERVE

More than 40 years ago Jean-Pierre Barral and Paul Mercier started a new modality of manual therapy, called VISCERAL MANIPU-LATION. They were able to give new dimensions to an approach which already had its roots in the work of the pioneers of osteopathy, in the practices of early bonesetters and in methods that healers of various cultures had developed over a long period of time. Barral has published several VISCERAL, NEURAL and VASCULAR MANIPULATION books and now expands on these concepts and original techniques. This DVD introduces new ways of how to work with organs so that these interventions also effect the neuroendocrine regulation of the digestive system.

Barral introduces each technique with genuine anatomical drawings. The anatomical introductions and conceptual explanations are followed by a practical demonstration of each treatment.

An innovative approach is presented in theory and practice. The three DVDs describe the neuroendocrine effects of Visceral Manipulation in relation to the following organs and related anatomical structures:

- the peritoneum and the greater omentum
- the diaphragm
- the stomach, duodenum, liver, gallbladder and pancreas
- the small intestine and colon
- the osteopathic approach to high blood pressure via manual treatment of the vagus nerve



Peter Schwind and Christoph Sommer - the producers of this DVD - have been studying Jean-Pierre Barral's concepts and techniques for more than 25 years. They are the founders of the MUNICH GROUP for Interdisciplinary Manual Treatment (www.munich-group.com), dedicated to teach Jean-Pierre Barral's concepts and related manual modalities. Peter and Christoph are instructors at the MUNICH-GROUP and at the Barral Institute (www.barralinstitute.com) and work in private practice in Munich (Germany).

For further information and new DVD-releases please visit: **www.barralinstitute.com**

If you are interested in the educational courses offered on this and other related topics, please visit **www.barralinstitute.com** or **www.munich-group.com**.



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GENERALITIES:

Theory: Neuroendocrine effects of Visceral Manipulation Theory & Demo: Contraindications

1. Colon

1.1 Theory & Demo: Ileocaecal area THIEME: page 170, 185, 190f NETTER: plate 273f, 287f 1.2 Theory & Demo: Transverse colon and mesocolon with pancreatic connections THIEME: page 169f, 179 NETTER: plate 264, 270, 276 1.3 Theory & Demo: local release of colic spasms NETTER 274f 1.4 Theory & Demo: Recto-sigmoidean arteries THIEME: page 185, 191, 268 NETTER: plate 288, 378 1.5 Theory & Demo: Recto-sigmoidean venous system THIEME: page 193, 199, 268 NETTER: plate 291f, 379 1.6 Theory & Demo: Mesosigmoid manipulation and recto-sigmoid attachments THIEME: page 162ff, 170 NETTER: plate 266, 288 **1.7** Theory: Neuroendocrine effects

2. High blood pressure treatment

2.1 Theory & Demo: Heart THIEME: page 103 NETTER: plate 220
2.2 Theory & Demo: Azygo - cava junction, "arch of azygos vein" THIEME: page 90, 109 NETTER: plate 186, 224
2.3 Theory & Demo: Kidney and adrenal gland stimulation THIEME: page 195 NETTER: plate 310, 316

3. Vagus nerve treatment

3.1 Theory & Demo: Jugular foramen
THIEME: page 512
NETTER: plate 13, 46
3.2 Demo: Jugular foramen
THIEME: page 506
NETTER: plate 6
3.3 Theory & Demo: Parotid gland, canal of Stenon
THIEME: page 559
NETTER: plate 24
3.4 Theory & Demo: N. vagus treatment, esophageal double elongation induction
THIEME: page 106, 108
NETTER: plate 227, 234

Final Words:

Summary of neuroendocrine effects

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