



Jean-Pierre Barral D.O. (UK)

## visceral manipulation - neuroendocrine effects: **STOMACH AND RESPIRATORY DIAPHRAGM**

More than 40 years ago Jean-Pierre Barral and Paul Mercier started a new modality of manual therapy, called VISCERAL MANIPULATION. They were able to give new dimensions to an approach which already had its roots in the work of the pioneers of osteopathy, in the practices of early bonesetters and in methods that healers of various cultures had developed over a long period of time. Barral has published several VISCERAL, NEURAL and VASCULAR MANIPULATION books and now expands on these concepts and original techniques. This DVD introduces new ways of how to work with organs so that these interventions also effect the neuroendocrine regulation of the digestive system.

Barral introduces each technique with genuine anatomical drawings. The anatomical introductions and conceptual explanations are followed by a practical demonstration of each treatment.

An innovative approach is presented in theory and practice. The three DVDs describe the neuroendocrine effects of Visceral Manipulation in relation to the following organs and related anatomical structures:

- the peritoneum and the greater omentum
- the diaphragm
- the stomach, duodenum, liver, gallbladder and pancreas
- the small intestine and colon
- the osteopathic approach to high blood pressure via manual treatment of the vagus nerve



Peter Schwind and Christoph Sommer - the producers of this DVD - have been studying Jean-Pierre Barral's concepts and techniques for more than 25 years. They are the founders of the MUNICH GROUP for Interdisciplinary Manual Treatment ([www.munich-group.com](http://www.munich-group.com)), dedicated to teach Jean-Pierre Barral's concepts and related manual modalities. Peter and Christoph are instructors at the MUNICH-GROUP and at the Barral Institute ([www.barralinstitute.com](http://www.barralinstitute.com)) and work in private practice in Munich (Germany).

For further information and new DVD-releases please visit:

**[www.barralinstitute.com](http://www.barralinstitute.com)**

If you are interested in the educational courses offered on this and other related topics, please visit

**[www.barralinstitute.com](http://www.barralinstitute.com)** or **[www.munich-group.com](http://www.munich-group.com)**.

Jean-Pierre Barral D.O. (UK)

# Table of contents

## visceral manipulation - neuroendocrine effects: STOMACH AND RESPIRATORY DIAPHRAGM

### GENERALITIES:

**Theory: Neuroendocrine effects of Visceral Manipulation**

**Theory & Demo: Contraindications**

### 1. Peritoneum and greater omentum

#### 1.1 Overview

THIEME: page 163

NETTER: plate 266

#### 1.2 Theory & Demo: Omentum major

THIEME: page 158, 165

NETTER: plate 261

### 2. Diaphragm

#### 2.1 Theory: Vena cava and central tendon of diaphragm - reciprocal tensions

THIEME: page 131

NETTER: plate 188

#### 2.2 Theory & Demo: Cruz of the Diaphragm

THIEME: page 64, 146f

NETTER: plate 189, 256

#### 2.3 Theory & Demo: Connection between M. psoas and diaphragm

THIEME: page 421

NETTER: plate 484, 489

#### 2.4 Theory & Demo: Diaphragm and M. transversus abdominis

THIEME: page 146ff

NETTER: plate 170, 256

#### 2.5 Theory & Demo: Pericardium, Diaphragm and M. psoas connection

THIEME: page 92, 146

NETTER: plate 205, 256

#### 2.6 Theory & Demo: Central tendon and liver connections

THIEME: page 172

#### 2.7 Theory & Demo: Vena cava and its connection to the central tendon

THIEME: page 174f, 197

NETTER: plate 277, 283

### 3. Inguinal ligament and canal

#### 3.1 Theory & Demo: Inguinal ligament- reciprocal tension

THIEME: page 421, 483

NETTER: plate 473, 488ff

#### 3.2 Theory: Inguinal canal

THIEME: page 150, 482f

NETTER: plate 253ff

#### 3.3 Theory & Demo: Inguinal canal and the intracanal pressure

#### 3.4 Theory: Inguinal canal herniations (men) and landmarks

#### 3.5 Theory & Demo: Inguinal canal herniations (men)

THIEME: page 150, 482f

NETTER: plate 253ff

#### 3.6 Theory: Round (teres) ligament

THIEME: page 150

NETTER: plate 253ff

### 4. Stomach

#### 4.1 Theory: Embryological development

#### 4.2 Theory & Demo: Lesser curvature, anterior vagus nerve and celiac plexus

THIEME: page 188, 214

NETTER: plate 298f

#### 4.3 Theory & Demo: Neuroendocrine key points: Antro - pyloric dilatation

THIEME: page 214

NETTER: plate 298f

#### 4.4 Theory & Demo: Gastric pacemaker region

THIEME: page 214

NETTER: plate 298f

#### 4.5 Theory & Demo: Pyloric and bulbopyloric manipulation

THIEME: page 164

NETTER: plate 269

#### 4.6 Theory: Stomach manipulation and the neuroendocrine effects

### Final Words:

#### Summary of neuroendocrine effects

### Notice

Neither the Producer of this DVD nor its Authors and Performer assume any responsibility for any loss and / or injury and / or damage to persons or property arising out of or related to any use of the material contained in this DVD. It is the responsibility of the treating practitioner or anybody else using the DVD, to determine the best treatment and method of application, relying on independent expertise and knowledge of the patient or client. The Producer Peter Schwind and Christoph Sommer - the producers of this DVD - have been studying Jean-Pierre Barral's concepts and techniques for more than 20 years. They are the founders of the MUNICH GROUP for Interdisciplinary Manual Treatment ([www.munich-group.com](http://www.munich-group.com)), dedicated to teach Jean-Pierre Barral's concepts and related manual modalities. Peter and Christoph are instructors at the MUNICH-GROUP and at the Barral Institute ([www.barralinstitute.com](http://www.barralinstitute.com)) and work in private practice in Munich (Germany).

Dr. phil. Peter Schwind Christoph Sommer